

How to Prepare For Old Age

(Without Taking the Fun Out of Life)



By Bernard S. Otis

How to Prepare For Old Age
by Bernie S. Otis

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Bernard S. Otis

How to Prepare For Old Age – *Without Taking the Fun Out of Life*

Älterwerden ist nichts für Anfänger *Warum jeder Augenblick zählt und was ich gerne früher gewußt hätte*

Softcover/Paperback · 196 pages · Genre: Self-help
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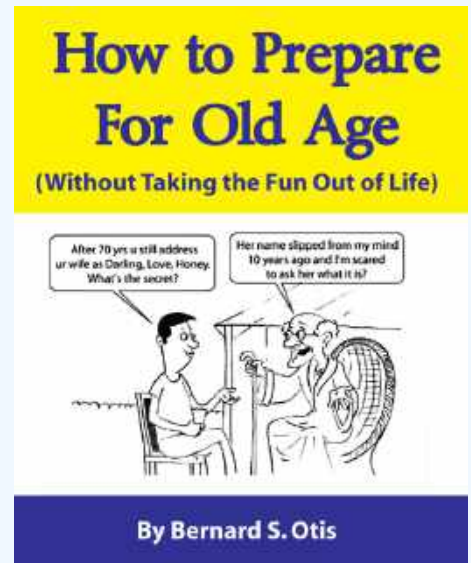
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Self-help & Motivational

English Description: © Incornito Publishing Press, U.S.A.

In this touching, often humorous and very personal account, Bernie shares his 86 years of life, love, loss and laughter as an inspirational guide to what it means to age without growing old. His advice on love after 60, how to talk with family members about illness, what you should be prepared for when confronting tragedy and loss, what it means to be a caregiver to a loved one and many other of life's challenges are a must for family members young and old.

Bernie's book is a treasure trove of personal and professional life experiences that will help you prepare for old age and take control of the nature of aging. Be prepared to laugh out loud and quietly shed a tear as Bernie takes you through the voyage of life.

Praise from readers

"Written from the perspective of an 86 year old, the book made me laugh, cry and nod my head in agreement quite a few times. Filled with anecdotes the book also has a lot of practical wisdom. For example, the author has dedicated one chapter to questions and a checklist that is so useful for an older person's family when s/he becomes ill and eventually passes away. I would certain recommend this book to all of us starting our journey through midlife."

Corinne Campos Rodrigues – Amazon Reviewer*

Recommended for: " I would certain recommend this book to all of us starting our journey through midlife."*

Bernard (Bernie) Otis (1931 - 2018) was a well known Food Service Facility Planning, Marketing, Management, Sales Consultant, Speaker, Writer and Community Leader. His first Book "Revenue Generation" has been most successful.



Recommended by readers **US REVIEWS AT AMAZON** ^{1/2}

How To Prepare For Old Age – Without Taking The Fun Out Of Life by Bernard S. Otis

No matter how old you are, this is definitely a book to read | megHan – Amazon Reviewer

„This is book is something else. Not only does it give some really great advice, which can be used yourself or with older family members, but it also is full of Bernie's special kind of humor, humor that I absolutely loved.

He had me laughing - and there were moments, like when he spoke about his wife, where I could really feel the love that he has for her.

He has a beautiful way of writing and telling a story, drawing me in and tugging at my heartstrings from the very beginning - his dedication page is probably one of the best dedication pages I have ever read.

He "broke the rules" to tell his readers about his beautiful wife, the person who led him to be what he is now, and the person who encouraged him to write this book - and it's the kind of love story that I wish to one day find myself.

No matter how old you are, this is definitely a book to read - not only to help you be prepared for the things that will come in your future, but to help you with the way you look at things. It definitely gave me a different perspective on the life I have in front of me.“

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Recommended by readers **US REVIEWS AT AMAZON** ^{2/2}

How To Prepare For Old Age – Without Taking The Fun Out Of Life by Bernard S. Otis

It's a fun book but it's also a deep book. To be read by all, especially those partially lost in the journey of life... | John Manjiro, Amazon Reviewer

"I have already recommended this book to several people. Why? Because it gives you a map of why we are traveling to the life towards death. I've also learned there are things to do after 80. The author is absolutely right. You are born therefore you'll eventually die. Therefore, you might as well make the best of that journey and be satisfied when you reach the final destination."

The book made me laugh, cry and nod my head in agreement quite a few times | Corinne Campos Rodrigues, Amazon Reviewer

"Written from the perspective of an 86 year old, the book made me laugh, cry and nod my head in agreement quite a few times.

Filled with anecdotes the book also has a lot of practical wisdom. For example, the author has dedicated one chapter to questions and a checklist that is so useful for an older person's family when s/he becomes ill and eventually passes away. I would certain recommend this book to all of us starting our journey through midlife."

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