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Reading time 24 min 19 sec

Grüezi*, my wonderful Bookworm!

This is more a Friday kind 'read-to-enjoy' of a [LOVE LETTER TO BOOKWORMS](#) than a Monday 'Let's do this!' one, because I reject January's overly enthusiastic New Year's resolution Tamtam**. ;))

So, sit back and relax, my lovely Bookworm, I hope you have an empty book rucksack with you.

Kidding.

You don't need a rucksack, but you should set up (or if you're an old inbox-buddy of mine — just open up) your folder on your electronic device labelled

Sparkling indie books with a BANG.

And then, get ready to fill it up. Because...

If you're looking for one of the most 'unputdownable', multiple award-winning volumes on spiritual enlightenment to inspire your readers and yourself — you'll find it here.

Instead of telling you, what New Year's resolutions you should or shouldn't make or what to buy or not to buy, I've put together something MASSIVE and BOOKISH for YOU.

Feeling an increased need for your well-being in times of fear and uncertainty?

Read on and blanket yourself in love. It's healing for your mental, emotional and physical health.

Yes, you deserve it.

In the past two years most people around the globe have experienced fear, anxiety and uncertainty — physically, mentally, emotionally and spiritually — may it be their own, that of friends, colleagues and beloved ones.

Life is a series of ups and downs. Hard times trigger our caveman-survival instinct and bring out the best and the worst in people.

To get through your rough patches in life you need to stay positive, find your inner peace and keep your joy to cope with all the obstacles and challenges life throws at you.

And it's the difficult times where we need a little more support and guidance.

For some, it's the path to spiritual enlightenment that gives hope, strength, inner peace and joy.

Do you agree, my lovely Bookworm?

THE HEAVENS & HELLS OF THE MIND: Volume I-IV

- by Imre Vallyon and which is being published by **Sounding-Light Publishing, New Zealand.**

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What's about



The Heavens and Hells of the Mind is a major treatise on human consciousness.

An exhaustive analysis and concise comparison of work of religion (Eastern: Buddhism, Taoism, Zen, Hinduism and Western: Judaism, Sufism, Christianity, Gnostic and Hermetic traditions), philosophy, and metaphysics.

It's richly illustrated with detailed graphics and evocative photography and complemented by sidebars and definitions, extensive cross-referencing and a unique multi-lingual lexicon of the Wisdom Language.

Volume I: Knowledge

Volume 1 lays down the fundamentals of Spiritual Cosmology, unveiling the inner understanding of Humanity, Divinity and the Universe, along with some important implications in our world today. Volume 1 presents the background knowledge essential for a correct understanding of Reality.

Volume II: Tradition

Volume 2 unveils six major spiritual traditions. It includes Yoga - the Science of Union; Pure Christianity - the Religion of Love; Zen - the Path to Enlightenment; Sufi Meditation - the Way of the Holy Fire; Tantra - the Path of Relationship; and, The Warrior School - the Way of the Noble Warrior.

Volume III: Transformation

Volume 3 unfolds an array of practical methods and inspirational guidance by which the contemporary man or woman may attain Higher Consciousness.

Volume IV: Lexicon

Volume 4 provides a comprehensive index and lexicon of the four-volume set which comprises 14 parts and 72 chapters, including detailed illustrations, definitions and sidebars, extensive cross-referencing, esoteric and sacred language terms.

Appendix A Detailed Contents; Appendix B Lexicon of the Wisdom Language; Appendix C Index Appendix D The Foundation for Higher Learning.

Unique elements of the book to stand out

(USP) in press reviews

Judges awarding the winner of [The Aston Wylie Book Award](#): "A remarkable and exhaustive work on human consciousness and the wisdom of the ages."

Gold medal winner of the [Living Now Awards](#) in the category enlightenment/spirituality: Heavens & Hells of the Mind: Volumes 1-4, by Imre Vallyon (Sounding-Light Publishing)

[Yoga Magazine](#): "Well-researched and this scholarly work is easily accessible and packed with lots of information." (February 2009)

Recommended for (Target Audience)

An essential purchase with a broad appeal as people around the globe are looking for spiritual guidance.

Available Options

Full English manuscript available.

What readers say

Know your heaven and hell

For clarity of mind and reorientation, the right info reveals itself whenever I open these pages.

– *Amazon Customer Canada, Reviewer (5 stars)*

Enlightened Reading

While I am only on the first volume, I have perused all of them. I feel this is a must-have for any spiritual library; and excellent reading for anyone interested in expanding their spiritual horizons.

– *jbmetz, Amazon USA, Reviewer (5 stars)*

Incredible: An encyclopaedia of spiritual truth that is age-& timeless

This amazing piece of work can be used as a reference guide for anyone with a spiritual interest. It is an encyclopaedia of spiritual truth that is ageless and timeless.

– Kamadevi, Amazon Customer Canada, Reviewer (5 stars)

Powerful and liberating, sometimes infuriating, often moving

Exhaustive analysis and comparison of world religions from a syncretist world view, not in terms of reconciling disparate elements, but of uniting similarities, discarding dogma and concentrating upon frameworks and techniques which integrate spiritual experience with the physical, emotional and mental experience.

The series is divided into three books and a very detailed lexicon. It lays out experience and Being in terms of "planes of consciousness" and draws comparisons between eastern (Buddhism, Taoism, Zen, Hinduism) and western (Judaism, Sufism, Christianity, Gnostic and Hermetic traditions) views.

It looks at subjects like karma, dharma, reincarnation and why the western religions did not assimilate these into their teachings. It looks at human states of being, liberation and mysteries of the heart.

Then it goes different meditations and other techniques that can be used to alter and enlighten consciousness, and methods like karma yoga or 'acts of loving service' and martial arts which refine and integrate enlightened experiences into external manifestation.

I am finding it really powerful and liberating, sometimes infuriating, often moving. It provokes more than thoughts and feelings. It inspires and helps move the inspiration into action.

– Phae, Goodreads, Reviewer (5 stars)

A magnificent piece of work

Recently, I was longing for more spiritual reading. I knew the author I most resonated with was Imre. So I woke up at 3:00 AM one morning and thought I would go online and see if he had written anything new. I was thrilled to see the 4 volume set of *Heaven and Hells of the Mind*.

The paperback volumes are very convenient and lighter weight than hardback. The book is absolutely beautiful! I have never seen a more attractive cover. The artwork is wonderful. Just holding the book draws emotions and reverence.

I am currently 1/3 the way through volume 3 and I have to say, this is the

most magnificent undertaking I have ever encountered. I'm sure I will be reading this several times while I practice the lessons.

I wish to thank Imre for his outpouring of teaching. He has satisfied my thirst and my quest for knowledge.

I have always felt that there is not one religion or one group of people who are blessed and will enter into heaven. I knew that all people are blessed and loved. I also always thought there were truths in all religions and a thread that ran through all the religions tying them together. I love the fact that this book shows this.

Imre goes into great detail pointing the path home for everyone no matter what your religious background. He provides enough detail that he does not leave you wondering or questioning. I feel this incredible outpouring of love coming from me as I read the pages. I am eternally grateful for the teaching.

It would be wonderful to have this on the Kindle (Amazon) to have it be truly portable. It would also be nice to have an audio to go along with the chapters on sounds. It is a little difficult to read about sounds. These books leave me with a desire to learn the ancient languages in as much as they appear to provide a clearer direction.

I have completed a number of readings; The Bible, Mary Baker Eddy, the entire volumes of Guy Ballard, Madame Blavatsky, Manly Hall, Alice Baily, all of the works of Lobsang Rampa, many Native American Indian teachings, etc. *Heaven and Hells of the Mind* bring all of these into a very clear, concise, focus.

– *On the Path, Amazon USA, Reviewer (5 stars)*

Encompassing all that is

Finding a book that takes one on a journey through Reality and all the different Dimensions within life, is a true gem. The simplicity of expression of topics normally beyond the average mindset leads the way to a convergence of science and spirituality. It opens a doorway to think in new ways and expand one's horizons.

What is life? Why do we suffer from different illnesses? Why is meditation important? What is our purpose? Is there a plan to existence? Why did the Ancients of the past stress finding our Way through the Heart? What does it mean to "live in the world but not of the world"? How do we apply this knowledge in our day to day lives?

These books answered so many questions for me and there seemed to be no limitation to the knowledge and wisdom of the author. Everything was so clear and concise whether it was Cosmology, Yoga, Spiritual Psychology, The Religion of Love, The Path to Enlightenment, The Way of the Holy Fire, The Path of Relationship or the Way of the Noble Warrior to name but a few topics covered.

The 4 volumes cover Knowledge, Tradition, Transformation and a Lexicon. The contents are extensive and there is cross-referencing throughout. This makes searching for information so much easier but goes beyond an Encyclopaedia in the explanations given. You can open it anywhere and read a page or two on a different subject. It is the ultimate set of books for anyone seeking the truth about life.

– Mrs Misha Frankel, Amazon USA, Reviewer (5 stars)

Complete and Inspiring

This is an amazing encyclopedia of information about Consciousness and Spirituality.

I borrowed three of the volumes from the library while studying for my degree, and decided I had to have the set for future reference.

There are many insightful and inspiring pages about many of the ancient religions/beliefs from around the world contained in these volumes.

If you would like to better understand spirituality and our fascination with the ethereal, this is a great place to start.

When I began my studies I wondered how I could possibly find what I needed in order to understand the history and progress of spirituality throughout our history.

I found everything I needed from this set. What a legacy for Vallyon to leave this work for future generations.

– Glenda, Amazon Customer Canada, Reviewer (5 stars)

This is the testament for the 21st century

An award-winning book in New Zealand, this is "a must-have book".

Four volumes set 1/ Knowledge 2/ Tradition 3/ Transformation 4/ Lexicon
(b)The first volume(/b) takes you through the esoteric understanding of our universe inner and outer. (b)The second volume(/b) takes you through all the known traditions of our time, exoteric and esoteric, with the clarity and understanding of inner knowledge since the dawn of time. (b)The third volume(/b)For the first time ever 100 RS of practices for transforming ourselves, given to serious students on the way, given publicly by a living teacher in order to free ourselves while still in the body. (b)the fourth volume(/b) gives the occult understanding of sacred words used in all the volumes using sacred language like Sanskrit, Hebrew, Latin etc...

This is the testament for the 21st century, an amazing reference book for any serious student on the way. Enjoy being happy.

– Rene, Goodreads, Reviewer (5 stars)

Sound and Light - The Spiritual Teaching of Imre Vallyon

Imre Vallyon has provided for the present generation and future generations for the next 250 years a modern, sure path of spiritual enlightenment. This path both reveals the soul to the individual on a personality level, and with that accomplished allows conscious, direct access to God Absolute at a soul level.

This beautiful path of return back to God is based on the spiritual practices of Light and Sound. It is a path of Infinite Light: Amitabha-yana. In its practices and teachings, this new path cultivates the two great principles of an enlightened mind and an open heart. Meditation and Mantra bring into the inner world of the student Light and Sound. Imre has coined this dual stream of esoteric knowledge as the Sounding-Light.

Imre's teachings of Light bridge the ancient esoteric traditions of both the Eastern and Western Mysteries and cloaks the essential teachings in a modern form. English is the predominant and original form for these teachings to be recorded in the lessons offered to the student. But the ancient languages of Sanskrit, Hebrew, Greek and Arabic, along with Latin are distilled, given deeper root meanings than ever before, and brought into new parlance, and new language, which can last as a guiding light into the next 13 generations on this earth. These teachings show the deep truths that are shared in all religious traditions. The common grounds for all mystical teachings in all times and places are expressed in the most lucid of English phrasing, which is inspired and flows directly from the soul level of Imre Vallyon.

This new teaching is not channelled. Far from it. Channelled teachings have been the cause of so much confusion and wasted time for the new student on the spiritual path in this time and age. Imre shows this clearly again and again in his writings. Channelled teachings do not emanate from the heart, do not contain the truths that are revealed at our soul level, and are not directly connected to the Kingdom of God. Rather, channelling always appeals to the glamour of the personality of the spiritual seeker. Imre has firmly pointed out that no historical religious teachers have ever received their timeless spiritual teachings from channelling. Rather they all emanated from an open, compassionate heart directly in union with God. This is the same source for the spiritual teachings of Imre Vallyon.

Imre's work is truly a tonic for the soul, for his written word empowers the soul's inner journey back to God Absolute. His teachings are like a precious diamond that allows the heart to blossom open as the rose in the west and the lotus in the east to the light of God.

All of Imre's privately published teachings for his esoteric group "The Foundation of Higher Learning (FHL)" have now been gathered under one cover with additional material previously unpublished in his massive four-volume magnum opus "Heavens & Hells of the Mind." The first 3 volumes make up the esoteric teachings spanning 14 parts made up of 72 chapters

totalling 1730 pages. The 4th volume is an extensive lexicon of all the foreign and technical terms used in the first three volumes and is another 354 pages of unique definitions to both well known and obscure Eastern and Western mystical terminology.

Seldom does a reviewer approach a published work whose scope is so vast that it escapes the reviewer's pen. However, in this rare instance, no review can do justice to this magnificent spiritual gift to humanity. This is a set of books that can guide any seeker of truth who is on the spiritual path. It will help anyone who is grappling with understanding who they really are- the most perennial question facing humanity since the dawn of time.

What I found so exciting upon first reading Imre's written words, is that the words themselves are so inspired that they speak directly from Imre's soul to your own. I found my own intimate connection to God to be echoed a hundredfold in Imre's own prose. To read Imre is to be elevated to your own spiritual essence, to be buoyed up on the bliss of your own soul. If you are already intimate with your soul then Imre's words will resonate with great meaning. If you are unaware at a soul level, then Imre's words when approached with an open heart can bring you in touch with your own higher self. Imre beyond all else loves God, and this love of God is in all that he writes. His words are the magic words of a lover, whose poetry opens our heart once and for all to the divine.

The beauty of Imre's teachings is that it appeals to all 3 centres of our attention: to our physical body, to our mind and to our heart. Often, newly invented spiritual teachings appeal to one of these 3 centres, but Imre realizes that all 3 must be fully integrated in order for the light of the soul to come through our daily lives. Specific sections of Heavens & Hells of the Mind address these 3 divisions.

For the physical body, Imre has developed the Warrior School which he outlines in Part 8 of Book Two. The Spiritual Warrior is the ability to balance mind and body and manifest this as skilful living. As a spiritual warrior, the individual recognizes the current limitations on light manifesting in this world, and the need for the spiritual warrior to fight for the enlightenment of the world. This part of Imre's teaching offers much practical advice in dealing in your day to day life with opposing or antagonistic energy. Such advice can be put into action immediately in one's life (this is true for all the teachings offered by Imre). Imre's work is practical spirituality which must be applied to one's life on a daily basis for it to take effect.

In the Warrior training section, Imre offers body posture and breathing techniques. He ends this section with a key to the primordial language of all languages. Imre's practical teachings throughout this wonderful work involve the power of chanting sacred words. Here, he offers the power of chanting the 5 vowels. These 5 vowels are based on their ancient Sanskrit pronunciation, and Imre gives us a key to this. By just experiencing these sound vibrations in chanting them, tremendous healing power is opened up. These primordial sounds connect us directly to the Godhead.

Imre's teachings value the human body as a vehicle of the soul and our present incarnation with all of its possibilities for soul evolution as a precious gift from God and our teachers. The most effective possible spiritual work towards the evolution of the soul is here now in the present moment. Imre stresses that we should thank God every day for this life, these spiritual teachings and this spiritual path.

For the mind, Imre's first book gives a vivid description of the cosmic order. The planes of existence are detailed like no other book, as well as a beautiful description of our soul. These descriptions are dependent on a seven-fold plan, for Imre's work is an expansion and refinement of the seven planes of existence described by Madame Helena Blavatsky in her pioneering work of *Isis Unveiled* first published in 1875 (and further expanded upon by Alice Bailey on her teachings concerning the 7 rays of existence). The creative hierarchies, the divine being of God, our actions in this plane, and the real story of our creation and spiritual evolution are clearly outlined in this first volume. The pitfalls of psychic phenomena, of channelling and mediumship as hindrances to true spiritual development are also fully detailed in this first volume.

However, in Imre's third book in Part 11, a form of spiritual psychology is explained. Specifically, Chapter 60-Metanoia: The Renaissance of the Mind is the best tool Imre offers the reader in dealing with all the negative emotions of the mind. This section clearly gives the reader tools to break out of former fearful and negative traits of thinking by realizing their source. This one chapter offers the potential to liberate the mental constraints most beginning students on the spiritual path encounter.

As to the path of meditation Imre offers great practical advice in Part 9 of the third book- *The Path of Return*. Chapter 52 deals exclusively with meditation practices that the reader can immediately begin to work with. And in the second book both the teachings of Yoga in the Hindu tradition of Patanjali and the path of Zen Buddhism, is discussed with great clarity and precision by Imre to aid the reader in their own meditation practices.

To love God is the way of the heart, and the path to this devotional love is the chanting of the mantra. Imre clearly gives method and meaning to hundreds of mantras throughout this work to help the reader unite with God through the power of sound. For Imre above all else is a master of mantra-shastra (the science of chanting).

Imre addresses the realm of the heart in all of his writings that deal with the great religious teachings of the world. In the second book of this series under Part 4 as Christianity and Part 6 as Sufism, these religions are viewed in their purest and highest form as a path of the heart in love with God. But in the third book the reader is given three sections which just by reading floods one's heart with love divine. Part 10 describes this way or path of the heart, and gives the true meaning and purpose of prayer. Part 12 gives the greatest spiritual secret the world has to offer, the feminine divinity of God. It clearly shows the Hindu tradition known as Sri Vidya (Her wisdom) which gives the most loving of images of God Absolute as our Mother Divine. Her name is

Lalita, and she is the key to our own devotional heart. Her mantra is of 16 syllables and is clearly defined by Imre. Part 13 offers the greatest mantra of the heart. This mantra is the Gayatri mantra which connects us to the spiritual deity residing in our sun. This 13th section deals with the mystery of our sun and its connection to our own hearts.

Imre ends his monumental work with a fourth book that is a lexicon to all the sacred languages used in this work. The lexicon alone can be read definition by definition as a book unto itself. Even if the student is familiar with such terms as karma, yoga, guru, etc. the meanings offered by Imre are more extensive than any other glossary of spiritual terms. This lexicon can be used when reading other works outside of Imre as well, for a deeper understanding of spiritual terms found in Sanskrit, Hebrew, Greek, Arabic, Latin and other ancient languages.

I am thankful I have been given an opportunity to review this marvellous work by Imre Vallyon. I hope all that have read this review will be curious enough to find this work and read its illuminating contents, for Imre has written this book as a guide for every soul incarnating on this planet for the next 250 years.

– *David Hulse, Amazon USA, Reviewer (5 stars)*

A Classic on Spiritual Wisdom and Transformation for the 21st Century

I never thought "excited" would be an adjective I'd use about a book (much less a set of books) on spiritual wisdom.

That is until I read this four-volume "treatise on human consciousness and the wisdom science" as the publisher calls it.

There is no getting around it. Heavens and Hells of the Mind is a magnum opus of western spiritual thought that is destined to be a classic in much the same way as the works of Alice Bailey and H.P. Blavatsky were in the last century. The author of this four-volume work, Imre Vallyon, is a Hungarian born spiritual teacher who is also the founder and teacher of a spiritual school (the Foundation for Higher Learning) based in New Zealand. At more than 2000 pages, Heavens and Hells of the Mind is a virtual encyclopedia of information on spiritual wisdom, traditions and practices. And yet the work not only presents new and updated information on existing and ageless traditions, it presents a massive amount of new wisdom, and it does so in a clear, attractively designed and easy-to-read way. But make no mistake about it, this work is not only about imparting wisdom, it is also (and mainly, in my view) about personal (and ultimately planetary) transformation through the application of practical techniques which are presented in detail throughout the set.

A work of this magnitude deserves to be looked at in the context of other major contributions to Western spiritual wisdom. Seekers outside of mainstream religions in the West have often relied on relatively few esoteric

sources such as Alice Bailey (transcribing the Tibetan Master DK), or Madame H. P. Blavatsky who authored *The Secret Doctrine* and other important work. There are of course others, but these two are arguably the most noteworthy in the last century and a half. And that is part of the problem. While immensely valuable, the work of both writers is clearly dated. It can be argued that there has been no esoteric work of such magnitude or import in the West (outside of classical religions) since then--at least until the publishing of this work.

The material of this treatise is separated into three major thematic areas, each comprising one volume: Knowledge, Tradition and Transformation. A fourth volume includes a lexicon and contents/index. The brief summaries of each book that follow cannot do the work justice. However, perhaps they can hint at the scope and magnitude of the undertaking.

Volume I: Knowledge (510pp) As the title suggests, the book presents background knowledge on broad areas including the nature of God, reality and the universe, and a "correct understanding" of the spiritual path. While this is an ambitious agenda, it basically involves thorough descriptions of the seven planes of existence, a treatise on the Solar Logos as the localized presence of God (an important reminder that we used to worship the Sun as God on this planet), a definitive explanation of how creation works and evolves, and the nature of the numerous creative hierarchies (which include humans and angels). This volume also contains historical information on ancient civilizations on the planet including Atlantis and Lemuria, and presents keys to mastering life on earth, something it is suggested must be done if a man is to fulfil his purpose in implementing the divine plan and leading conscious evolution on the planet.

Volume II: Tradition (592pp) The second book focuses on revealing esoteric aspects of six major religious traditions or approaches to reality including Yoga, Christianity, Zen (Buddhism), Sufism, Tantra (relationship), and The Warrior School. The author reasons that we are coming out of the Piscean Age of numerous religions and going into the Aquarian Age in which all religions will eventually be united. To aid the move into that age, a more up-to-date understanding of the various traditions is needed. Along with the background of these traditions, the author brings forth many of the esoteric spiritual practices (mantras and meditations) contained within each one. Of the traditions presented, the final tradition--the Warrior School, is most unusual as it seems to be outside of recent traditions altogether. The Warrior School includes teachings on mantra and sound which, it is suggested, lead one back into the original creative energy ("the Word" of the gospel). Here the author introduces "The Primordial Language of Sound" an ancient language of extraordinary power emphasizing the use of vowels. This head-spinning treatise concludes with numerous meditative aphorisms for the aspiring spiritual warrior.

Volume III: Transformation (628pp). In the introduction to this final volume of the main work, we are reminded that true religion is really a practice in Transpersonal Psychology, a discipline whereby you transcend the personality to know your `self' as you really are--a living soul. Many ways or paths to accomplish this transformation to higher consciousness are presented here.

For example, *The Path of Return* describes group-conscious expressions of love and meditation as keys to returning to your own divinity. Other paths include *The Way of the Heart*, *The Way of Spiritual Psychology*, *The Way of Goddess Worship*, *the Yoga of the Sun*, and *the Path of Service*.

In the end, the author concludes, it is the Divine Plan that all humans become Lords of Love and Wisdom--in other words Christs and Buddhas--and that ultimately the key to achieving this is to enter the heart and express practical love in the form of meditation and selfless service. He also makes it clear that "service" includes enlightening others to their divinity, the goal being "the ultimate perfection of the planet and all life within it and upon it."

Volume IV: *Lexicon* (354pp). The lexicon is a glossary of sacred terms and definitions. However as mentioned above, the volume also includes a table of contents and index to the entire work. While the *Lexicon* is clearly ancillary to the main text, it has a certain stand-alone value. For example, the sacred terms in the glossary are powerful mini-meditations in themselves. The author suggests that "even if you just know and understand the spiritual words, they alone will transform your mind." The reading of these words can be slow going, but I found the effects of understanding and repeating them slowly to be powerful.

In *Heavens and Hells of the Mind*, there is ample material for "beginners" or "masters" of the study of spiritual wisdom. Seekers at all levels will find the information presented to be easily accessible and understandable. The text pages are attractively laid out with margin notes that add information to or emphasize key points in the text, and ample additional space is left in the margins for readers to make their own notes. Extensive cross-referencing to related areas of the work is also provided.

Another unique feature is that, perhaps to avoid complexity, larger subjects of discussion are broken up into smaller units of a page or two within each chapter, a technique which not only improves readability, it also invites frequent pauses and thus, a more meditative reading of the book. I found that an average of eight pages a day of reading was plenty given the depth of the material. It also helps that each book in the set can be purchased separately or as a boxed set, since each book contains broad, independent areas of subject matter as described above.

In summary, *Heavens and Hells of the Mind* seems to be a harbinger of a new spirituality – an Aquarian age treatise that not only embraces many traditions, but also exposes the secrets of esoteric wisdom heretofore likely known only to select "mystery school" disciples. Those readers who have been involved in such schools will recognize that there is some karmic risk for a teacher to bring out this type of information. A possible explanation is here that it is time for mankind to "get it" (i.e., the wisdom) and "get with it." In other words, the planet is changing, so those who are ready to receive the teaching must receive it to help implement the changes.

Regardless of the writers' intent, what is clear is that this book is destined to be recognized as a major contribution to the evolution of human consciousness. To be holding this book is to be holding what may be not only

the first, but also the most powerful guide to spiritual wisdom and transformation that we may see in the 21st Century.

To actually read it and begin to absorb its contents I can only describe it as a privilege.

– *Timothmcg, Amazon USA, Reviewer (5 stars)*

These volumes are the most comprehensive I have ever encountered in this genre.

Goodreads asks us to give a date when we have finished a book, but I'll never be finished with this one. One lifetime is not enough to absorb it.

These volumes are the most comprehensive I have ever encountered in this genre.

If you are looking for encyclopedic or panoramic knowledge, you will find it here. But chances are good it will never collect dust on your bookshelves. It is far too compelling. It's the kind of book you will rise up to meet again and again.

Do yourself a favour and introduce yourself to the vast living reality that the author has illumined through these pages. If you take up a sincere practice of just one of the many techniques the author has distilled for his readers, your life will change.

You may find more happiness than you ever dreamed possible and free yourself from the chains of ignorance and fear.

– *Sylvia, Goodreads USA, Reviewer (5 stars)*

About the author

Imre Vallyon, born in 1940 in Budapest, Hungary, emigrated to New Zealand at the age of sixteen.

Imre's extraordinary knowledge of human spirituality is neither derived from scholarly research nor channelled from the psychic dimensions.

Imre's work is one of synthesis. His writing is universal, not biased towards any particular religion or tradition.

His teaching spans the full spectrum of human experience: reaching through time, illuminating the great *Spiritual Teachings* and *Sacred Languages* of our planetary history while pointing the way to the future.

Over the past decade, Imre's writings and talks have been focused on the momentous changes of our planet.

The four-volume treatise *Heavens & Hells of the Mind* (exclusively represented by #TheWittmannAgency) was awarded first place in the prestigious *Ashton Wylie Charitable Trust Awards* and won a gold medal in the *Living Now Awards*.

Book translation rights available

Feeling more relaxed and at peace after reading this? If you think that's enlightenment — get the manuscript and find out.

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THANK YOU — and talk to you soonish.

With much love, 

xoxo
Claudia

* **Grüezi** [ˈɡryɛtsɪ] = Good Day in Swiss-German
** **Tamtam** = fuss, ballyhoo in German

P.S. One of my biggest joys is helping book-lovin' people find books that they love, **so please, share this [LOVE LETTER TO BOOKWORMS](#)** with your friends, colleagues and everyone who loves spiritual books. They'll thank you for it!

P.P.S. Don't miss my current 2022 schedule for my [RISE & SHINE Representation](#). No matter where you are in the world, The Wittmann Agency's doors are OPEN for YOUR submission from 1st - 31st March 2022.

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The Wittmann Agency
c/o Claudia Wittmann
Lutherstrasse 23
06886 Lutherstadt Wittenberg
Deutschland | Germany
contact@the-wittmann-agency.com
[the-wittmann-agency](#)
USt.-IdNr. / VAT-Nr. DE279052110